

## **MOUNT CAMEROON 4'095 m**

Commonly called "CHARIOTS OF THE GOTS"

Located in Buéa, the former capital of German Cameroon, we'll be discovering the Char of the Gods, exploring the highest mountain in Central and West Africa, with an estimated altitude of 4,040, 4,070 or 4,095 metres. Its unique landscapes will take your breath away, from mangrove forest to sea level, lowland forest, mountain forest to savannah, with the possibility of finding several species of orchid in the rainy season. You'll discover the absolute evidence of a volcano that is still active as you walk on the lava flows from the eruptions of 1959, 1999 and 2000. Mount Cameroon can be climbed via hiking trails. The best time to do it is during the rainy season, particularly in December, January and February.

### **ITINERAIRE**

**8 days / 7 nights**

#### **Day 1: HOME – DOUALA**

Départ de L'Europe. Accueil à l'aéroport de Douala. Transfert à l'hôtel. Dîner et nuit à l'hôtel.

#### **Day 2: MOUNT CAMEROON**

Réveil matinal, Petit déjeuner, départ pour Buéa. Arrivée et rassemblement du matériel et des porteurs. Début de l'ascension, 9km de trek jusqu'à 1'865m d'altitude au refuge N°1 en zone de forêt équatoriale. Nuit au refuge. Vous laissez derrière vous une vue superbe de la ville de Buéa où le Gouverneur Allemand von Putt Kaber était installé.

#### **Day 3: at the 3rd REFUGE**

We have breakfast. The ascent continues to Chalets N°2 and N°3, 19 km from the 1st chalet, at altitudes of 2,852 m and 3,776 m respectively.

#### **Day 4: at the SUMMIT**

The walk continues to the summit at 4,100m. After a few minutes' rest at the top, we begin the descent through the lava flows, a fairly difficult walk mainly on lava flows from the 1959 eruptions (around 10 hours' walk to reach Mann Spring on this day). Overnight stay at Mann Spring.

#### **Day 5: on FOREST**

After a short break, the walk continues through the lava and then into the forest. Overnight in a suitable place where you can find water. Dinner and overnight in tents. It is also possible to reach Buéa from here, depending on the ability of the walkers.

#### **Day 6: LIMBE**

Then breakfast. Walk to Buéa. Arrival and continuation to Limbé, relaxation at the Seme Beach hotel, dinner and overnight stay.

**Day 7: LIMBE BEACH**

Relaxation at Seme New Beach. Lunch at the landing stage. Visit to the botanical gardens and zoo. Return to the hotel. Dinner and overnight stay.

**Day 8: LIMBE - DOUALA - at HOME**

Breakfast at the beach. Morning at the beach. Lunch in town. Transfer to Douala at the end of the day.

Flight at home. End of services.

**Price per person:**

from 954 €

single supplement 135 €

**The price includes:**

- Accommodation in double room
- Full board
- Vehicle, fuel and tolls, driver
- Guide
- Trackers, porters, cook
- Camping equipment
- Visits in the programme

**The price does not include:**

- Drinks
- Cameras
- Tips
- Personal expenses
- Sleeping bags and insulated mattresses
- Visits not included in the programme