

DISCOVER THE CULTURAL WEST AND A SEASIDE TOWN

The West Region, one of Cameroon's ten regions, is characterised not only by its mountainous terrain of hills, plateaus and plains, but also by its rich cultural heritage. It is home to a variety of chiefdoms, museums, festivals and traditional dances. The traditional chiefdoms are a series of architectural complexes that symbolise power. The people of the Grassfields are very attached to their traditions. On this trip we'll discover mythical waterfalls and lakes as well as golden beaches to make our journey unforgettable.

ITINERARY

10 days / 09 nights

Day 1: EUROPE - YAOUNDE

Welcome at Nsimalen-Yaoundé airport. Cameroon's political capital, commonly known as the city of seven hills, is a green city with a mild climate. Transfer to hotel, dinner and overnight stay.

Day 2: YAOUNDE - VILLA BOUTANGA

Early wake-up call, breakfast. Departure for the western region, visit to the Batoufam chieftaincy. Lunch at the chieftaincy. Continuation of the journey, arrival and accommodation at Villa Boutanga in Bangoulap, 7km from Bangangté. Partial visit to the Jean Félicien Gacha Foundation. Dinner and overnight stay.

Day 3: BANGOULAP- BAFOUSSAM

Departure for Bandjoun. Departure for Bandjoun, visit to the Bandjoun chieftaincy and its museum, one of the most beautiful chieftaincies in the western region. Visit to the Baham chiefdom and its sacred place, Fovou. Lunch at the Bandjoun Climate Centre. Continuation and partial visit to the town of Bafoussam. Check-in at Zingana Hôtel, dinner and overnight stay.

Day 4: BAFOUSSAM - FOUMBAN

Breakfast at the hotel. Drive to Foumban with a diversion to Lake Mbapit on Mount Mbapit. Continuation, arrival in Foumban, lunch. Visit to the Bamoun Royal Palace. This was created around 1394 by Nshare Yen, a Tikar prince from Rifum (Tikar plain, Adamoua region). The kingdom has seen a succession of 20 kings to date, the current one being Nforifoum Bombo Njoya Mouhamed Nabil. After visiting the Palace and its Museum, traditional Bamoun dance performed by the sellers of cultural objects. Transfer to the Pékassa hotel, check-in, dinner and overnight stay.

Day 5: FOUMBAN - MELONG

Breakfast at the hotel. A visit to the craft village is a must, with the opportunity to buy souvenirs. Departure for Melong via Dschang, with a diversion to visit the Metché waterfalls. Dschang is a cultural city of art and history, and the capital of the Menoua department. It is a real tourist destination, as it is a former colonial city brimming with many attractions. We will visit only the Dschang museum. Continuation of the journey, arrival and accommodation at the Villa Luciole or Klebert, dinner and overnight stay.

Day 6: MELONG - MANENGOUBA MOUNTAINS - MELONG

Early wake-up call, breakfast. Start of the hike to the Manengouba Mountains, a 4-hour walk on the way up and a 4-hour walk on the way back. This is a superbly beautiful site with breathtaking scenery, the result of volcanoes that lend themselves to walking; at the summit are two lakes, a male lake and a female lake, with a few stops at Bororo villages, an ethnic minority in Cameroon. Return to the Villa, dinner and overnight stay.

Day 7: MELONG - DOUALA

After breakfast, departure for Douala. Departure for Douala, with a diversion to visit the magnificent Ekom Falls on the Nkam River at an altitude of 80 m. They offer a fantastic spectacle, especially in the rainy season, and were the site of some of the sequences in the 1982 film 'Tarzan of Greystoke'. The journey continues through palm, banana, Penja pepper and rubber plantations. Lunch en route, arrival and check-in at the Grand Adamaoua hotel, dinner and overnight stay.

Day 8: DOUALA - KRIBI

Breakfast. Departure for Kribi the blonde, seaside town par excellence. Arrival and check-in at the Ilomba hotel with its feet in the water. Seafood lunch. Relax on the beach with its fine golden sand. Evening at leisure. Dinner and overnight stay.

Day 9: KRIBI

Enjoy breakfast. Paddle up the Lobé River, opportunity to observe the Ouistitis along the river, relaxation at Grand Batanga beach. Visit of the Grand Batanga museum, visit of the Lobe waterfalls which flow into the ocean, a unique phenomenon in the world. Lunch of fresh prawns from the Lobé River. Return to the hotel. Relax on the hotel beach, dinner and overnight stay.

Day 10: KRIBI - DOUALA

Breakfast at the hotel. Relaxation at the beach. Visit to the Londji fishing village and its beaches. Lunch of braised fish and fresh prawns. Return to Douala. Arrival and dinner in a restaurant. Transfer to the airport. End of our services.

Price per person:

from 1165 €

single supplement: 294 €

This price includes:

- Accommodation in a double room
- Full-board catering
- Vehicle (MINI BUS), Fuel, Driver, Tolls
- Guide
- Pirogue
 - All visits included in the programme
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This price does not include:

- Cameras
- Drinks
- International flights
- Visa
- Tips
- Personal expenses